

|                  |                 |
|------------------|-----------------|
| <b>Name/Code</b> | <b>Program</b>  |
| <b>Date</b>      | <b>Location</b> |

## Pre-Course Questionnaire

Your participation in this questionnaire will help us understand how cultural programs can help people who take them, and how to improve future programs.

This questionnaire asks you to consider your thoughts and feelings now, at the *beginning* of the Miqut program. Please respond to the statements honestly, the way you feel now.

This is NOT a test—there is no right or wrong answers.

Your responses will be used only to evaluate and improve programs in your community. They will not be used to evaluate you as an individual.

Your answers will be kept private.

### Instructions

Please check (☐) how often each statement applies to you. If a statement does not apply to you, or if you don't feel comfortable answering, please check "no answer."

*Example*

|                                     | <b>All of the time</b> | <b>Most of the time</b> | <b>Some of the time</b> | <b>Hardly ever/Never</b> | <b>No answer</b> |
|-------------------------------------|------------------------|-------------------------|-------------------------|--------------------------|------------------|
| 1. I am a happy person              |                        | ☐                       |                         |                          |                  |
| 2. I volunteer at my child's school |                        |                         | ☐                       |                          |                  |

We are here to help you if you have any questions!

*This questionnaire is adapted from the PLAR questionnaire developed by Larry Bremner, the YARPET and LEQ tools developed by James Neill, and the CIS questionnaire developed by Norm Staunton.*

Please check (☐) how often each statement applies to you. If a statement does not apply to you, or if you don't feel comfortable answering, please check "no answer."

|                                                 | <b>All of the time</b> | <b>Most of the time</b> | <b>Some of the time</b> | <b>Hardly ever/<br/>Never</b> | <b>No answer</b> |
|-------------------------------------------------|------------------------|-------------------------|-------------------------|-------------------------------|------------------|
| 1. I like learning new things                   |                        |                         |                         |                               |                  |
| 2. I enjoy living in my community               |                        |                         |                         |                               |                  |
| 3. I speak Inuktitut                            |                        |                         |                         |                               |                  |
| 4. I make a positive difference in my community |                        |                         |                         |                               |                  |
| 5. I read to get information                    |                        |                         |                         |                               |                  |
| 6. I help people in my community                |                        |                         |                         |                               |                  |
| 7. I learn from the people around me            |                        |                         |                         |                               |                  |
| 8. Most things I do I do well                   |                        |                         |                         |                               |                  |
| 9. I am in control of my life                   |                        |                         |                         |                               |                  |
| 10. I feel confident trying new things          |                        |                         |                         |                               |                  |
| 11. I help elders in my community               |                        |                         |                         |                               |                  |
| 12. Reading and writing are important to me     |                        |                         |                         |                               |                  |
| 13. I feel that I am valued in my community     |                        |                         |                         |                               |                  |

|                                                                                                            | <b>All of the time</b> | <b>Most of the time</b> | <b>Some of the time</b> | <b>Hardly ever/<br/>Never</b> | <b>No answer</b> |
|------------------------------------------------------------------------------------------------------------|------------------------|-------------------------|-------------------------|-------------------------------|------------------|
| 14. I am involved in my child's school work                                                                |                        |                         |                         |                               |                  |
| 15. I communicate well with other people                                                                   |                        |                         |                         |                               |                  |
| 16. I am always learning new skills                                                                        |                        |                         |                         |                               |                  |
| 17. I feel comfortable speaking Inuktitut                                                                  |                        |                         |                         |                               |                  |
| 18. I help my children learn new things                                                                    |                        |                         |                         |                               |                  |
| 19. I have been successful in many things in my life                                                       |                        |                         |                         |                               |                  |
| 20. I find text (for example, books, magazines, posters, Internet, letters) a useful source of information |                        |                         |                         |                               |                  |
| 21. I am open to criticism                                                                                 |                        |                         |                         |                               |                  |
| 22. I am involved in my community                                                                          |                        |                         |                         |                               |                  |
| 23. When I put my mind into something I know I can do it                                                   |                        |                         |                         |                               |                  |
| 24. I pass on what I know to others                                                                        |                        |                         |                         |                               |                  |
| 25. I would like to take more education or training                                                        |                        |                         |                         |                               |                  |
| 26. I am proud of who I am                                                                                 |                        |                         |                         |                               |                  |

**Thank you for participating!**